



The Sunrise-Sunset Group of Alcoholics Anonymous

**FEBRUARY
2017**

www.SunriseSunsetGroup.org

Thursday Speakers

2nd TBA *

9th Nolan H.

16th Suzanne B.

23rd Brian A.

Saturday Speakers

4th Sharon G.
Step 2

11th Tim W.
Step 3

18th Mellissa C.
Step 3

25th Paul S.
Step 4 Resentment

Tuesday Leaders

7th Shawn M.

14th Diana C.

21st Booboo

28th Chandra

* visit our website at
SunriseSunsetGroup.org
for more information

THE SUNSET GROUP
5056 Van Nuys Blvd., Sherman Oaks
Thursday 7:00-8:30pm



THE SUNRISE GROUP BIG BOOK STEP STUDY
SpiritWorks, 260 North Pass Avenue, Burbank
Saturday 8:15-9:30am

THE SUNSET GROUP BIG BOOK STUDY
11031 Camarillo Street, North Hollywood
Tuesday 7:00-8:00pm



To My Valentine:

Words cannot express how much your support and love has meant to me over these challenging months. You took care of the family admirably and courageously while I was in the throes of my addiction, and when I hit bottom and returned to Earth and recovery, you were right there to support me and hug me.

I know I don't often tell you, but I love you so much and always will. I could not do this – get sober and recover – without you. You are my rock.

I know I made the best decision of my life when I asked you to marry me. I'm sorry that at times I have not lived up to what you (and I) envisioned I would be. All I can do now is try my best to do the next right thing and be the best husband and father I can be. From there, everything can and will get a lot better. It already has in just a few short months.

I'm so looking forward to going away on vacation and creating new cherished memories for us and our family.

As Bob Marley once sang, "everything's going to be alright..."

I love you,

During this special month of the year that still holds the promise of new beginnings let us remember those who have helped us in our time of need. Those who stood by us and those we met along the way that helped us up when we fell. Find ways to show them how much they mean to us and to our sobriety and how much we appreciate their sacrifice and loyalty.

- excerpted from "For My Wife On Valentine's Day", SoberLawyer.com

"A **hangover** is whiskey that thinks the party is still going on."
March 1998

You **might be an alcoholic** if:

1. The vodka you're drinking reminds you of the taste of a fine aftershave.
2. You're lying in your waterbed all warm and comfy when you remember you don't have a waterbed.

June 1997



"That was a cute chick you married last night!"

From "A Rabbit Walks into a Bar: Best Jokes & Cartoons from AA Grapevine"

The San Fernando Valley Central Office is at 16132 Sherman Way, Van Nuys CA 91406, 818-988-3001 (sfvaa.org).
The Sunrise and Sunset Group and meetings are in District 17 (www.district17aa.org) of Central California (www.aaareag3.org).

If you would like to add to this newsletter please contact the editor at SunriseSunsetGroup@gmail.com